

OCTOBER 2021 BREAKFAST

Milk contains no artificial growth hormones or antibiotics.

We use heart healthy whole-grain breads and serve 100% fruit juice.

Nutrition and allergen information available

Milk is available with all meals at www.FSPPro.com

Menu items do not contain pork

+ Contains no meat

Menu Subject to Change

Monday

Tuesday

Wednesday

Thursday

Friday

SPOT THE DIFFERENCE

Circle the difference between each pair to the right. There are four difference for each pair.



BROCCOLI

APPLE

ANSWERS: Apple: stem, eye lashes, spots, cheek; Broccoli: flowery head, stem, glasses, tongue

Cinni Minis

Fresh Fruit
100% Fruit Juice

French Toast Benefit Bar

Fresh Fruit
100% Fruit Juice

Golden Grahams
Vanilla Yogurt

Craisins
100% Fruit Juice

Oatmeal Chocolate Chip Breakfast Round

Flavored Applesauce
100% Fruit Juice

Mini Cinnamon Creamy Cheese Bagel

Fresh Fruit
100% Fruit Juice

Yogurt & Granola

Fresh Fruit
100% Fruit Juice

Rice Krispies
Animal Crackers

Fresh Fruit
100% Fruit Juice

Bagel
Grape Jelly

Flavored Applesauce
100% Fruit Juice

Banana Muffin
Cheese Stick

Craisins
100% Fruit Juice

Reduced Sugar Cinnamon Toast Crunch

Hard Boiled Egg

Fresh Fruit
100% Fruit Juice

Apple NutriGrain Bar
Cheese Cubes

Fresh Fruit
100% Fruit Juice

Cinnamon Breakfast Round

Fresh Fruit
100% Fruit Juice

Blueberry NutriGrain Bar
String Cheese

Fresh Fruit
100% Fruit Juice

Mini Strawberry Creamy Cheese Bagel

Flavored Applesauce
100% Fruit Juice

Lucky Charms
Cheese Stick

Craisins
100% Fruit Juice

Apple Frudel

Fresh Fruit
100% Fruit Juice

Mini Cinnamon Creamy Cheese Bagel

Fresh Fruit
100% Fruit Juice

Cheerios
Strawberry Banana Yogurt

Craisins
100% Fruit Juice

Oatmeal Chocolate Chip Breakfast Round

Flavored Applesauce
100% Fruit Juice

Strawberry NutriGrain Bar
String Cheese

Fresh Fruit
100% Fruit Juice

Vanilla Yogurt
Whole Grain Donut Dunkers

Fresh Fruit
100% Fruit Juice